

CATS ARE EXPERTS AT HIDING PAIN.



Pain can show up in many subtle ways.
Know the signs.



MOVEMENT

- Doesn't jump onto high surfaces
- Slower to jump or climb on stairs
- Less agile
- Reluctant to play



LITTER BOX HABITS

- Trouble getting in or out
- Urinating or defecating outside the box
- Less time in the box
- Changing position frequently



BEHAVIOR

- Less active or more withdrawn
- Irritable, growling or hissing
- Hiding more
- Decreased tolerance for being petted



DAILY ROUTINE

- Less grooming, unkempt coat
- Changes in appetite and water intake
- Less interested in surroundings
- More time resting



WHAT YOU CAN DO

- Know your cat's normal
- Watch for subtle changes
- Keep a journal or video of your cat's behavior
- Share concerns with your veterinary team



YOU KNOW YOUR CAT BEST.

If something seems different, it probably is.

**Trust your instincts
and reach out.**



CARE

CAT ARTHRITIS RESOURCES AND EDUCATION

Share concerns with
your veterinary team,
and learn more at
CatArthritisCARE.org.