Check yes or no for each of the following:

- My dog is licking at one area obsessively: □ YES □ NO
- My dog’s appetite has decreased: □ YES □ NO
- My dog does not get up to greet me any longer: □ YES □ NO
- My dog sleeps more: □ YES □ NO
- My dog is restless at night: □ YES □ NO
- My dog does not want to go for walks any more or lags behind on walks: □ YES □ NO
- My dog has always been housebroken, but now is having accidents in the house: □ YES □ NO
- My dog does not want to be touched or pet: □ YES □ NO
- My dog is newly reactive or aggressive toward people or other animals: □ YES □ NO
- My dog is limping or not putting weight on a leg: □ YES □ NO
- My dog can’t seem to get comfortable: □ YES □ NO
- My dog struggles to go up or down stairs: □ YES □ NO
- My dog has trouble getting up from laying down: □ YES □ NO
• My dog does not sniff or smell during walks, instead is panting heavily:  
  □ YES  □ NO

• My dog is trembling, pacing or circling:  
  □ YES  □ NO

• My dog can no longer jump in the car or on the couch: □ YES  □ NO

• My dog has a glazed or wide-eyed look:  
  □ YES  □ NO

• My dog’s ears are pinned back:  
  □ YES  □ NO

• My dog pants a lot, even at rest:  
  □ YES  □ NO

• My dog’s coat seems dull, and the hair stands up in places:  
  □ YES  □ NO

• My dog no longer wants to be held or picked up:  
  □ YES  □ NO

• My dog is reclusive and hiding:  
  □ YES  □ NO

• My dog’s back is hunched:  
  □ YES  □ NO

• My dog does not want to turn his head or move his neck:  
  □ YES  □ NO

• My dog is whimpering, moaning or yelping:  
  □ YES  □ NO

If you answered YES to any of these questions, your dog may be suffering from chronic pain. Arthritis is the most common cause of chronic pain and requires a multi-prong approach to treatment, including pain relievers.

You should talk to your veterinarian as soon as possible about your dog’s pain. It is crucial that your pet’s pain be addressed in order to minimize the long-term consequences of pain and preserve a good quality of life for them.