



## Canine Orthopedic Index (COI)

Patient Name/ID#: \_\_\_\_\_

Date: \_\_\_\_\_

### Description of Stiffness:

The following questions concern the amount of joint stiffness your dog has experienced in the **past 7 days**. Stiffness is the restriction or slowness in the ease with which your dog moves his/her joints.

Please select **one answer** for each question below.

How severe is your dog's stiffness after first wakening **in the morning**?

None       Mild       Moderate       Severe       Extreme

**Later in the day**, how severe is your dog's stiffness after lying down for at least 15 minutes?

None       Mild       Moderate       Severe       Extreme

How much of a problem does your dog have **rising to standing** after lying down for at least 15 minutes?

None       Mild       Moderate       Severe       Extreme

In general, over the past 7 days, how much difficulty has your dog had with his or her joints?

None       Mild       Moderate       Severe       Extreme

### Description of Function:

Please indicate how much of a problem each of the following activities has been for your dog over the **past 7 days**.

Please select **one answer** for each question below.

**Jumping up** (as in getting into the car or onto the bed)?

No Problems       Mild Problems       Moderate Problems       Severe Problems       Extreme Problems

**Jumping down** (as in getting out of the car or off of the bed)?

No Problems       Mild Problems       Moderate Problems       Severe Problems       Extreme Problems

**Climbing up** (as in stairs, ramps or curbs)?

No Problems       Mild Problems       Moderate Problems       Severe Problems       Extreme Problems

**Climbing down** (as in stairs, ramps or curbs)?

No Problems       Mild Problems       Moderate Problems       Severe Problems       Extreme Problems

### Description of Gait:

The following questions concern your dog's gait over the **past 7 days**.  
Gait refers to the manner in which your dog uses its legs as it moves.  
Please select **one answer** for each question below.

On average, how severe was your dog's limp **during** mild activities (such as short walks)?

None       Mild       Moderate       Severe       Extreme

On average, how severe was your dog's limp **during** moderate activities (such as long walks, playing or running)?

None       Mild       Moderate       Severe       Extreme

How often did your dog limp **the day after** moderate activities (such as long walks, playing or running)?

Never       Rarely       Occasionally       Frequently       Constantly

How often have you been aware of your dog's joint problems?

Never       Rarely       Occasionally       Frequently       Constantly

How often did your dog 'pay' for over-activity, with increased pain or stiffness the following day?

Never       Rarely       Occasionally       Frequently       Constantly

### Description of Quality of Life:

Please select **one answer** for each question below.

In the past 7 days, what has been your level of concern that your dog's joint problems will shorten his or her life?

None       Mild       Moderate       Severe       Extreme

In the past 7 days, what has been your level of concern that your dog is generally slowing down?

None       Mild       Moderate       Severe       Extreme

Overall, how would you rate your dog's quality of life over the past 7 days?

Poor       Fair       Good       Very Good       Excellent